



**International Academy  
of Applied Health**

**Spring 2021 Course Planner**

# **“Natural Health Education which can change your life”**

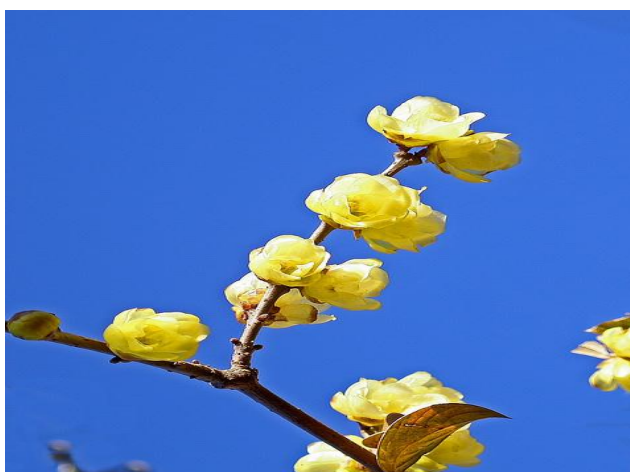
**Career Development or Personal Interest**

**Days, Evenings & Weekends**

**Full-Time or Part-Time Study**

**Spring Semester Starts March 26<sup>th</sup> 2020**

**Register by March 20<sup>th</sup> 2020 and Save**



**380 Forest Street**

**Ottawa, ON K2B 8E6**

**(Just West of Lincoln Fields Shopping Centre)**

**613-820-4046**

**1-800-267-8732**

**info@intlacademy.com**

**www.intlacademy.com**

**Register on-line at [www.intlacademy.com](http://www.intlacademy.com) -click on tab “Course Registration”, email [yomara@intlacademy.com](mailto:yomara@intlacademy.com), in-person or call 613 820 4046**



# International Academy of Applied Health



Tour the Academy and learn more about your potential educational plans and opportunities.

To attend an information session and tour, please send an email with your planned date, time and program of interest to [aileen@intlacademy.com](mailto:aileen@intlacademy.com) or call 613-820-9934.

**Spring Semester Starts March 26<sup>th</sup> 2021**

**Summer Semester Starts June 21<sup>st</sup> 2021**

**380 Forest St.**

**Ottawa, ON K2B 8E6**

(Near Lincoln Fields Shopping Centre) Web: [www.intlacademy.com](http://www.intlacademy.com)

E-mail: [info@intlacademy.com](mailto:info@intlacademy.com)

Tel: 613-820-4046

**IAM** - International Academy of Massage (Full-time) This program is registered under the Private Career Colleges Act, 2005.

The following programs and subjects, are not required to be registered under the Private Career Colleges Act, 2005

**TCM** -International Academy of Traditional Chinese Medicine (Full-time and Part-time programs)

**NHP** -International Academy of Natural Health Practitioners (Part-time programs)

**CEU** -Continuing Education Unit -open to anyone (Subject by subject)

**Note: No classes on April 2 Good Friday and May 24 Victoria Day**

**Anatomy 6 (IAM/TCM) - Online**

A study of the major joints and ligaments of the human body.

(1 credit) Pre-requisite: Anatomy 5

**Mondays** 1:15pm – 3:05pm

March 29 to June 14

**Anatomy 7 (IAM/TCM) - Online**

A study of the cardiovascular, respiratory and lymphatic systems.

(1 credit) Pre-requisite: Anatomy 6

**Wednesdays** 1:15pm – 3:05pm

March 31 to June 16

**Anatomy & Physiology 1 (IAM/TCM/CEU) - Online**

Introduction to the structure and function of the body. Study of tissues, organs, skeletal and muscular systems.

(1 credit) No Pre-requisite

**Mondays**, 1:30pm – 5:00pm; **Tuesdays** 1:15pm – 3:05pm & **Wednesdays** 10:35am – 12:30pm

March 29 to April 14

**Anatomy & Physiology 2 (IAM/TCM/CEU) - Online**

Study the nervous, endocrine, reproductive and digestive systems, and senses.

(1 credit) Pre-requisite: Anatomy & Physiology 1

**Mondays**, 1:30pm – 5:00pm; **Tuesdays** 1:15pm – 3:05pm & **Wednesdays** 10:35am – 12:30pm

April 19 to May 5

**Anatomy & Physiology 3 (IAM/TCM/CEU) - Online**

An introduction to the study of the cardiovascular, urinary, respiratory and integumentary systems.

(1 credit) Pre-requisite: Anatomy & Physiology 2

**Mondays**, 1:30pm – 5:00pm; **Tuesdays** 1:15pm – 3:05pm & **Wednesdays** 10:35am – 12:30pm

May 10 to May 31

**Anatomy & Physiology 4 (IAM/TCM/CEU) - Online**

An introduction to the lymphatic, immune & hepatic systems, as well as electrolyte balance, the acid-base balance and metabolism.

(1 credit) Pre-requisite: Anatomy & Physiology 3

**Mondays**, 1:30pm – 5:00pm; **Tuesdays** 1:15pm – 3:05pm & **Wednesdays** 10:35am – 12:30pm

June 1 to June 16

**Anatomy/Myology 2 (IAM) - Online**

An in-depth study of the torso muscles.

(1 credit) Pre-requisite: Anatomy/Myology 1

**Mondays** 8:30am – 10:20am, March 29 to June 14 - **Online**

**Wednesdays** 1:15pm – 2:15pm, March 31 to May 19 – **In-person**

**Anatomy/Neuroscience 2 (IAM) - Online**

An in-depth examination of the sensory division of the nervous system.

(1 credit) Pre-requisite: Neuroscience 1

**Wednesdays** 3:20pm – 5:15pm

March 31 to June 16

**Business Skills (IAM/TCM/NHP/CEU) - Online**

Learn the components and aspects involved in the start-up and operation of a healthcare clinic or home business.

(1 credit) No Pre-requisite

**Tuesdays** 10:35am – 12:30pm

March 30 to June 15

**Client Assessment 1 (IAM) – Online/In-person**

An introduction to clinical assessment including case histories, client-interview, as well as both visual and physical examination techniques.

(1.5 credit) No Pre-requisite

**Mondays** 10:35am – 12:30pm March 29 to May 3 - **Online**

**Mondays** 8:30am – 12:00pm May 10 to June 14 – **In-person**

**Client Assessment 4-5 (IAM) – In-person**

A continuation of the regional assessment of the human body.

(2 credits) Pre-requisite: Client Assessment 3

**Wednesdays** 8:30am – 12:30pm

March 31 to June 16

**Clinical Case Studies (TCM) – Online**

Students evolve their diagnosis/treatments skills via instructor-directed case studies.

(1 credit) Pre-requisite: Diagnosis and Treatments 1, Meridian Theory 1, Point Locations 1-2, Theory Foundations 1

**Thursdays** 6:00pm – 7:50pm

April 1 to June 3

**Clinical Modalities (TCM) – In-person**

This is a practical course dedicated to the theory and practice of moxibustion, gua sha, and cupping (silicone and suction cups).

(1 Credit) Diagnosis and Treatments 1, Meridian Theory 1, Point Locations 1, Point Locations 2, Theory Foundations 1, Clinical Safety

Sundays 1:30pm – 3:20pm

March 28 to June 6

**Communications and the Healthcare Professional (IAM/TCM/NHP/CEU) - Online**

Learn the key characteristics for day-to-day communications with clients and understand the personal and client needs.

(1 credit) No Pre-requisite

**Tuesdays** 3:20pm – 5:15pm

March 30 to June 15

**Communications Terminology 1 (IAM/NHP/CEU/TCM) - Online**

The use of roots, prefixes, suffixes, plurals and opposites.

(1 credit) No Pre-requisite

**Wednesdays** 1:15pm – 5:15pm

March 31 to May 5

**Communications Terminology 2 (IAM/NHP/CEU/TCM) - Online**

Significant focus is placed on the understanding, writing and pronouncing of medical terms, as they relate to Anatomy, Physiology and Pathology. The emphasis is on body systems.

(1 credit) Pre-requisite: Communication Terminology 1

**Wednesdays** 3:20pm – 5:15pm

May 12 to June 16

**CTCMPAO Preparation Course (TCM)**

Senior students are introduced to standards, policies and regulations set by the CTCMPAO. The review includes documents, obligation, and responsibility a new member needs to be informed about. This class is for graduates only.

Pre-requisite: Students in the last semester

**Monday** 9:30am – 11:30am

June 14, 2021

**Ethics & the Healthcare Practitioner (TCM/NHP/CEU) - Online**

This course is designed to introduce students to the professional role and the ethical commitment practitioners must have in the roles as both regulated healthcare and general healthcare practitioners. The focus is on developing the student's ability to understand the role of a professional and the necessary commitment, by recognizing ethical issues encountered in their role, distinguishing between legal and ethical responsibilities, meeting the professional and ethical requirements of client care and personal conduct, and to develop a step by step skill in helping to make ethical decisions.

(0.5 credit) No pre-requisite

**Thursdays** 8:05pm – 10:00pm

April 1 to May 6

**First Aid and CPR (IAM/TCM) – In-person**

(Space limited to max 9 students)

(1 credit) No pre-requisite

Dates and time to be announced

**Herbalism 1a (NHP/CEU/TCMP) - Online**

Growing and harvesting herbs in your everyday life. Medicinal herb focus.

(1 credit) No pre-requisite.

**Thursdays 6:00pm - 8:00pm**

April 1 to June 10

**Hydrotherapy and Self Care for the RMT (IAM/NHP) – In-person**

The majority of this course covers hydrotherapy theory with emphasis on practical hydrotherapy applications in both a clinical and self-care context.

(2 credits) Pre-requisite: Anatomy/Physiology 1-4, Massage Techniques 1-4

**Wednesdays 2:15pm – 5:00pm**

March 31 to June 16

**Iridology 1 (NHP/CEU) – Online**

Learn the foundational principles of Iridology and its use as an assessment aid for natural health practitioners.

(1 credit) No Pre-requisite (Textbook required)

**Wednesdays 6:00pm – 7:50pm**

April 7 to June 2

**Iridology 5 (NHP/CEU) – Online**

The study and practice of Iridology requires the ability to analyze the health condition of tissues in the body by looking at the markings of the sclera and iris. Students will master this ability, comparing an individual's strengths to their weaknesses, through comprehensive analyses and gain confidence in client management in order to prepare them for private practice.

(1 credit) Pre-requisite: Iridology 4

**Wednesdays 8:00pm-10:00pm**

April 7 to June 2

**Jurisprudence (IAM) - Online**

A study of provincial and federal law, as it applies to registered massage therapists.

(1 credit) No Pre-requisite

**Tuesdays 8:30am – 10:20am**

March 30 to June 15

**Jurisprudence (TCM) - Online**

A study of provincial and federal law, as it applies to registered acupuncturist.

(0.5 credit) No Pre-requisite

**Mondays 10:30am – 11:30am, March 29 to May 17**

**Mondays 9:30am – 11:30am May 31 to June 7**



**Massage Foundations 1-4 (IAM/NHP/CEU) – In-person**

Learn the basics of massage, including draping and positioning. Develop a routine for a general full body massage treatment.

(4 credits) No Pre-requisite

**Friday** 8:30am – 12:30pm & 1:15pm – 5:15pm

April 2 to June 18

**Meridian Theory 1 (TCM)**

The course presents an insight into this fascinating system of Chinese medicine, which encompasses the important concept of Yin/Yang to the presence of illness or wellness and the need for balance between Yin & Yang.

(1 credit) No Pre-requisite

**Sundays** 11:05am – 1:00pm

March 28 to June 13

**Modern Mental Diseases (TCM) - Online**

Students learn to differentiate TCM patterns for disorders such withdrawal, mania, irritability, frequent joy, worry, over-thinking, fear, fright, agitation, impaired memory, profuse dreams, insomnia, ADHD, schizophrenia, obsessive compulsive disorder (OCD), bipolar, depression and anxiety. Appropriate acupuncture point combinations for each pattern diagnosis are presented and discussed.

(1 Credit) Pre-requisites: Meridian Theory 1, Theory Foundations 1, Diagnosis & Treatments 1, Point Locations 1, Point Locations 2

**Thursdays** 6:00pm – 7:50pm

April 1 to June 17

**Myology 2 (TCM) – Online**

The study of the muscular system and meridians from a TCM perspective, including the study of the structure, function and diseases of muscle/meridians continue.

(1 credit) Pre-requisite: Myology 1 (TCM)

**Mondays** 3:20pm – 5:15pm

March 29 to June 14

**Needling Lab (TCM) – In-person**

Students evolve their needling skills via this hands-on course. Students are guided by faculty to needle numerous combinations of acupuncture points.

(1 credit) Pre-requisite: Anatomy & Physiology 1-4, Pathology 1, Diagnosis and Treatments 1, Meridian Theory 1, Point Locations 1-2, Techniques of Acupuncture 1-2, Theory Foundations 1, Clinical Safety

**Sundays** 11:05am – 1:00pm

March 28 to June 13

**Off-site 3/On-site 5 – Physical and Development Disabilities (IAM)- In-person**

Massage therapy treatment is given to people with mental and physical developmental disabilities.

(2 credits) Pre-requisite: Massage Techniques 1-4, Anatomy & Physiology 4

**Tuesdays** 1:15pm – 4:30pm

March 30 to June 15

**Oriental Acupressure & TuiNa 3 (TCM/NHP/CEU) – In-person**

This is designed to expand the treatment techniques for both Acupressure & TuiNa to include treatments on the back, legs, knees, ankles, feet, face, head and neck. To associate the theory educational points learned/being learned in Meridian Theory and TCM Foundations with the following: Yin & Yang in both excess and deficiency, clinical manifestation, assessment and treatment techniques, the 12 Zangfu Organ Systems in both harmony and disharmony and the 5 Element Theory as a clinical assessment tool.

Also to supplement acupressure treatments from levels 1 & 2 with the addition of Thai stretches, such as: leg stretches, knee bending, ankle stretches.

(1 credits) Pre-requisites: Oriental Acupressure and TuiNa 2

**Sundays** 3:35pm – 5:30pm

March 28 to June 6

**Orthopedics (TCM) – In-person**

Students learn to differentiate TCM patterns for disorders of the locomotor system including bones, muscles, joints and all related tissues. Acupuncture point combinations for each pattern diagnosis are presented and discussed.

(1 credit) Pre-requisite: Meridian Theory 1, Diagnosis & Treatments 1, Theory Foundations 1, Point Location 1, Point Locations 2, Techniques of Acupuncture 1, Techniques of Acupuncture 2, Clinical Safety

**Sundays** 9:00am – 10:50am

March 28 to June 13

**Pain Management and Rehabilitation 1 (TCM) - Online**

Students learn to differentiate TCM patterns for pain located in various parts of the body including the heel, foot, leg, and knee. Acupuncture point combinations for each pattern diagnosis, are presented and discussed.

(1 credit) Pre-requisite: Meridian Theory 1, Diagnosis & Treatments 1, Theory Foundations 1, Point Location 1, Point Locations 2, Techniques of Acupuncture 1, Techniques of Acupuncture 2, Clinical Safety

**Mondays** 6:00pm – 7:50pm

March 29 to June 14

**Pain Management and Rehabilitation 2 (TCM) - Online**

Students learn to differentiate TCM patterns for pain located in various parts of the body including the hip, low-back, hand, elbow, shoulder and the neck. Appropriate acupuncture point combinations for each pattern diagnosis are presented and discussed.

(1 credit) Pre-requisite: Meridian Theory 1, Diagnosis & Treatments 1, Theory Foundations 1, Point Location 1, Point Locations 2, Techniques of Acupuncture 1, Techniques of Acupuncture 2, Clinical Safety

**Mondays** 8:05pm – 10:00pm

March 29 to June 14

**Pan-Canadian Preparation Course (TCM) - Online**

Last semester students go through detailed program review of western and TCM subjects in preparation for board examinations.

(0.5 credit) Pre-requisite: Approval by Program Director.

**Mondays** 8:30am – 10:20am

March 29 to May 17



**Pathology 1 (IAM/TCM/NHP/CEU) - Online**

Begin the study of the structural effects of disease on body systems and organs at the tissue and cellular level.

(1 credit) No Pre-requisite

**Tuesdays** 8:30am – 10:20am

March 30 to June 15

**Pathology 4 (IAM/TCM) - Online**

An in-depth study of muscle-related diseases.

(1 credit) Pre-requisite: Anatomy/Physiology 4, Pathology 1

**Tuesdays** 10:35am – 12:30pm

March 30 to June 15

**Pathology 5 (IAM/TCM) - Online**

An in-depth study of diseases of the nervous system.

(1 credit) Pre-requisite: Anatomy/Physiology 4, Pathology 1

**Wednesdays** 8:30am – 10:20am & **Thursdays** 10:35am – 12:30pm

March 31 to May 6

**Pathology 6 (IAM/TCM) - Online**

An in-depth study of the digestive tract diseases and conditions.

(1 credit) Pre-requisite: Anatomy/Physiology 4, Pathology 1

**Wednesdays** 8:30am – 10:20am & **Thursdays** 10:35am – 12:30pm

May 12 to June 17

**Patient Clinical Study 2 (TCM) – In-person**

This course includes discussions of diagnosing a patient according to various methods used within TCM, along with suitable treatment options and acupuncture points prescriptions.

(1 Credit) Pre-requisite: Approval by Program Director

**Mondays** 1:00pm – 9:00pm March 29 to June 7

**Fridays** 9:30am – 5:00pm April 2 to June 11

**Physiology 6 (IAM/TCM) - Online**

A deeper study of energy formation in the cell, the nervous system and metabolism.

(1 credit) Pre-requisite: Physiology 5

**Mondays** 3:20pm – 5:15pm

March 29 to June 14

**Physiology 7 (IAM/TCM) - Online**

Students continue to study the finer aspects of the nervous system. This course also takes an in-depth look into the muscular system, including a study of skeletal and smooth muscle; and the cardiovascular system.

(1 credit) Pre-requisite: Physiology 6

**Wednesdays** 10:35am – 12:30pm

March 31 to June 16

**Point Functions 2 (TCM) - Online**

The Point Functions courses examine different functions and uses in TCM point prescriptions to successfully improve patients' health. This second module explores point location, function and combination of the following meridians: Kidney, San Jiao, Pericardium, Gallbladder, Liver, Du & Ren

(1 Credit) Pre-requisites: Meridian Theory 1, Theory Foundations 1, Point Locations 1, Point Locations 2

**Tuesdays** 6:00pm – 7:50pm

March 30 to June 15

**Point Functions 3 (TCM) – Online**

The study of numerous acupuncture point categories, along with the extra acupuncture points listed in the Pan Canadian Candidate Examination Guide.

(1 Credit) Pre-requisites: Meridian Theory 1, Theory Foundations 1, Point Locations 1, Point Locations 2

**Tuesdays** 8:05pm – 10:00pm

March 30 to June 15

**Point Location 1 (TCM) - Online**

Students learn the location of approximately half of the body's acupuncture points.

(1 credit) No pre-requisite

**Mondays** 6:00pm – 10:00pm, March 29 to April 26

**Mondays** 6:00pm – 7:50pm, May 3

**Point Locations 2 (TCM) – Online**

Students learn to locate and palpate the acupuncture point for all of the points from the following seven meridians: Kidney, Pericardium, San Jiao, Gallbladder, Liver, Ren (conception) and Du (governing).

(1 Credit) No pre-requisite

**Mondays** 8:05pm – 10:00pm, May 3; 6:00pm – 10:00pm May 10 to June 14

**Pregnancy and Stages of Life Clinic (IAM) – Online & In-person**

This course covers the proper skills and techniques required by a massage therapist to treat pregnant, laboring, postpartum women and their infants.

(1.5 credits) Pre-requisite: Treatments 1

**Thursdays** 3:20pm – 5:15pm March 31 to June 17

**Fridays** 8:30am - 12:30pm Dates to be announced

**Principles of Treatments & Advanced Techniques 5-8 (IAM) – In-person**

Learn to treat a variety of chronic conditions using massage therapy.

(4 credits) Pre-requisite: Principles of Treatments/Advanced Techniques 1-4

**Thursdays** 8:30am – 12:30pm & 1:15pm – 5:15pm

April 1 to June 17

**Professional Portfolio (IAM/NHP/CEU) - Online**

A fundamental foundation for the creation and maintenance of a professional portfolio. This course will include creation of a resume, a cover letter and interview skills.

(0.5 credit) No Pre-requisite

**Thursdays** 8:30am – 10:20am

May 13 to June 3

**Professionalism and the Healthcare Professional (TCM/NHP/CEU) - Online**

This course discusses the importance of professionalism in the massage therapy program and in a clinic environment. Topics include interaction with other healthcare providers, developing academic skills, professional etiquette, what is professionalism? Concept of professionalism, Client/patient interaction, behavioral responses, personality types, death and dying, health clinics client management, telephone communication, time management, teamwork and goal setting and achievements. Professional letter writing formats are also presented.

(0.5 Credit) No Pre-requisite

**Thursdays** 8:05pm – 10:00pm

May 13 to June 10

**Reflexology 2 (NHP/CEU)**

The student's knowledge and skill development continues to be developed for the feet with additional foot techniques being presented to enhance skill development. The student will be able to complete a professional full foot treatment upon the completion of this subject. The hands will be introduced including the treatment order.

(1 credit) Pre-requisite: Reflexology 1

**Monday** 7:00pm – 9:00pm, March 29 to May 31

**Saturday** 9:30am – 1:30pm, May 15 & June 5

**Remedial Exercise 1 (IAM) – In-person**

The theory and practice of remedial exercise assessment, plan development, implementation and evaluation. Range of motion and stretching is also presented.

(1 credit) Pre-requisite: Advanced Techniques 1-4 & Myology 1

**Tuesdays** 2:30pm – 4:30pm

March 30 to June 15

**Remedial Exercise 3 (IAM) – In-person**

Students continue to evolve their knowledge of exercise and stretching.

(1 credit) Pre-requisite: Remedial Exercise 2

**Tuesdays** 10:35am – 12:30pm

March 30 to June 15

**Research 1 & Interpretative Studies (IAM/TCM/NHP/CEU) - Online**

This is a course which aims to present and discuss the importance of research literacy among health care practitioners. Topics covered include critical thinking, various ways knowledge/intelligence can be acquired, decision making and heuristics that impact decision making, the importance of research in healthcare, the critical evaluation of published articles and papers, and how it applies to professional health practitioners, health research sources, calculating and interpreting basic statistics, and the structure of a research paper and how to approach the development of a research paper.

(1 credit) No pre-requisite

**Mondays** 10:35am – 12:30pm

March 29 to June 14

**Research 2 (IAM/TCM) - Online**

Students are guided through the creation of their own research paper.

(1 credit) Pre-requisite: Research 1

**Thursdays** 8:30am – 10:20am

Dates to be announced

**Theory Foundations 1 (TCM/CEU) - Online**

Learn the foundation of this 3000-year-old Chinese medicine, including Yin-Yang theory, the 5 elements, Qi, blood and all organ functions.

(1 credit) No Pre-requisite

**Sundays** 9:00am – 10:50am

March 28 to June 13

**Treatments 2 (IAM) – In-person/Online**

Learn to treat a variety of pathologies and conditions using massage therapy. A hands-on skill development.

(6 credits) Pre-requisite: Diagnosis and Treatments 1

**Mondays** 8:30am – 5:15pm, **Tuesdays** 8:30am – 10:20am – In-person

**Thursdays** 1:15pm – 3:15pm - Online

March 29 to June 17

## Tuition Fees

<u>Credits</u>	<u>Fee*</u>
6	\$1,776.00
4	\$1,184.00
2	\$ 592.00
1	\$ 296.00
½	\$ 150.00

\* includes class notes and handouts

### Refund Policy

Please visit [www.intlacademy.com](http://www.intlacademy.com) for detailed refund policies for each school

**Part-time/CEU students: Register and Pay Your Tuition Fee by March 20, 2021 and save - only \$287 per credit/\$145 ½ credit. After that date \$296 per credit/\$150 for ½ credit. \$10 late registration fee per subject starting March 25, 2021.**

Register on-line through the website - click on "Admissions" tab then "Registration Form", email [yomara@intlacademy.com](mailto:yomara@intlacademy.com).

## Self-Study - Distance - CEU Courses

**Meridian Educational Network** offers comprehensive, self-study educational programming, on a CEU basis. Start towards an International Academy of Applied Health certificate or diploma, from the comfort of your home! [www.meridianedu.net](http://www.meridianedu.net) directly on-line or workbook/email assignment option.

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**International Academy  
of Natural Health Practitioners**

**CEU's** -Nutrition, Aromatherapy, Cannabis, Herbs, Colour Therapy, Iridology, Reflexology, Acupuncture

**Diploma** (Part-Time) (2100 hours):  
Natural Health Practitioner

**Certificates** (Part-Time) (240-350 hours):  
Aromatherapy  
Herbology  
Iridology  
Reflexology



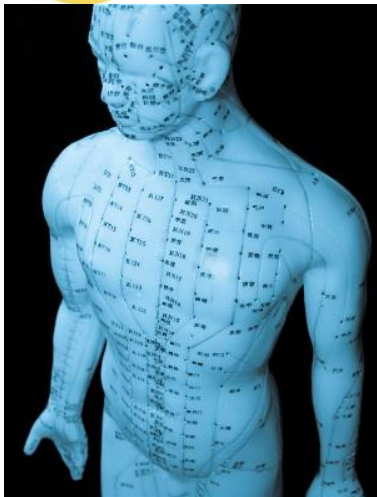
### **General Information**

- \* Transfer credits where applicable
- \* Daytime, Evening and Weekend classes
- \* Home study credits
- \* Email [info@intlacademy.com](mailto:info@intlacademy.com) for application or more information
- \* Tours of the Academy available (daytime, evening and weekends)
- \* NHP Certificates all start in March 2021 – inquire now for information. Email [Marilyn@intlacademy.com](mailto:Marilyn@intlacademy.com)

**Telephone: 613-820-0318 Ask for Marilyn**



## International Academy of Traditional Chinese Medicine



### General Information

- \* Transfer credits where applicable
- \* Daytime, Evening & Weekend classes (online and in-person training)
- \* Home study credits
- \* Full-time 2100-hour Acupuncture Practitioner Diploma Program starts March 26 2021 Completion possible in 27 months
- \* Part-time study also available
- Acupuncture and Traditional Chinese Medicine and Natural Health Science students
- \* Graduates qualify to undertake provincial Registration examinations
- \* Contemporary Acupuncture program 384 hrs (Acupuncture training for RMTs and other professionals also available)

**Telephone: 613-820-4046**

**Web: [www.intlacademy.com](http://www.intlacademy.com)**



## International Academy of Massage



### Become a Massage Therapist

2318-Hour Massage Therapy Diploma Program

**Full-Time Program Starts March 26<sup>th</sup> 2021**

*For More Information:*

*Tour or to be a students for a day*

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Email: [info@intlacademy.com](mailto:info@intlacademy.com)

Visit: [www.intlacademy.com](http://www.intlacademy.com)





# International Academy of Applied Health

*Welcome to our*



## Health & Relaxation Clinics

### International Academy of Massage

Student Wellness Clinic – Therapeutic Massage

<b>Tuesdays</b>	1:15pm-4:00pm	\$20
<b>Tuesdays &amp; Thursdays</b>	5:00pm, 6:30pm & 8:00pm	\$35

**613 820-4046**

### International Academy of Traditional Chinese Medicine

Senior Students - Acupuncture, Chinese Assessment

<b>Mondays</b>	1:30pm, 3:00pm, 5:45pm, 7:15pm & 8:45pm	\$20
<b>Wednesdays</b>	5:45pm, 7:15pm & 8:45pm	\$20
<b>Fridays</b>	9:15am, 10:45am & 12:15pm	\$20
<b>Saturdays</b>	9:30am to 7:00pm	\$20

**613 820 4046**