



International Academy of Applied Health

Summer 2022 Course Planner

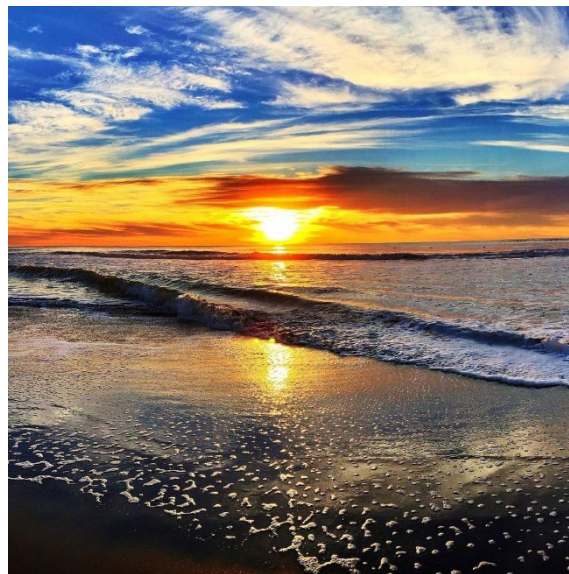
“Natural Health Education can change your life”

Career Development or Personal Interest CEU Courses
Full-Time or Part-Time Study

Summer Semester Starts June 19th 2022

Online classes via Zoom & Google Classroom

Register by June 13 and Save!



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Ottawa, ON K2H 5V6
613-820-4046
1-800-267-8732
info@intlacademy.com
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Register on-line at www.intlacademy.com - click on tab “Course Registration”, email deegriffiths@intlacademy.com, in-person or call 613 - 820 - 4046

International Academy of Applied Health
(613) 820-4046 1-800-267-8732 www.intlacademy.com
Courses - - Summer 2022 (June 19 – September 17)



**International Academy
of Applied Health**



Picture Yourself as a Qualified Health Professional

Registration for summer is now open!

“Applicants for full-time programs may be eligible for financing.”

Online information sessions available, upon request. Email your program of interest to anadaza@intlacademy.com or go online at www.intlacademy.com

**Massage Therapy
Acupuncture Practitioner
Personal Support Worker (PSW)
Traditional Chinese Medicine Practitioner (TCMP)
Contemporary Acupuncture for the Healthcare Professional
Reflexology, Aromatherapy, Iridology, Herbology, NHP with nutrition CEU’s**

Summer Semester Starts June 19th 2022

IAM - International Academy of Massage (Full-time). This program is registered under the Private Career Colleges Act, 2005. Financing is available to those who qualify.

The following programs/subjects, are not required to be registered under the Private Career Colleges Act, 2005

TCM - International Academy of Traditional Chinese Medicine (Full-time funding is available to those who qualify...and this division also offers Part-time programs).

NHP - International Academy of Natural Health Practitioners (Part-time programs)

CEU - Continuing Education Unit - open to anyone (Subject by Subject)

Note: No Classes on July 1 - Canada Day; August 1 – Civic Holiday; September 5 – Labor Day; Holiday weekend September 3-4

Summer Breaks: June 27-July 3; July 30-August 6; September 18-24

Hybrid Courses

Hybrid courses are a blend of asynchronous, self-guided study, and one-on-one instructor interaction. There are 3, one hour sessions (including one hour for the final exam online where the instructor will proctor and mark assignments for the course). The remaining 2 sessions are dedicated to reviewing the concepts presented in the course notes, or any of the contents that students may wish to further discuss. The intention is to focus on areas that the student needs to best grasp the ideas presented in the course note packs. Timing for these courses is established between the student and the assigned instructor, with the main requirement remaining that **final exams must be completed before the commencement of the fall 2022 semester.**

Advanced Theory & O.S.C.E. Preparation (IAM) – In-person

Students undertake a thorough presentation and participation towards being prepared for the CMTO (OSCE) hands-on examination for future registration to become an RMT

(2 credits) Pre-requisite: Complete Massage Therapy Semesters 1-5

Mondays 1:15pm – 5:15pm

July 14 to September 12

Anatomy/Myology 1 (IAM) – In-person

This course is an in-depth study of the muscles of the lower extremity, hip, leg, foot, gluteal region and anterior thorax. It discusses the origin, insertion, action and nerve supply of the muscles that move the lower limb.

(1.5 credit) Pre-requisite: Anatomy/Physiology 4

Tuesdays 1:15pm – 3:15pm | June 21 to August 9

Tuesdays 1:15pm – 5:15pm | August 16 to September 13

Anatomy/Myology 3 (IAM) – In-person

This course is an in-depth study of the muscles of the head, face and neck. The course of study discusses the origin, insertion, action and nerve supply of the muscles that move the head and face and neck.

(1 credit) Pre-requisite: Anatomy/Myology 2

Tuesdays 3:15pm – 5:15pm

June 21 to September 13

Anatomy 5 (IAM/TCM) – Online

Anatomy 5 or Osteology is the study of the science of the structure and function of bone. This course takes an in-depth look into the human skeleton concentrating on the bones and bony landmarks of the body.

(1 credit) Pre-requisite: Anatomy/Physiology 4

Mondays 1:15pm – 3:10pm

June 20 to September 12

Anatomy 8 (IAM/TCM) – Online

This course discusses the Digestive System and accessory organs of digestion in the human body. The urinary and reproductive systems will also be discussed. The end of the course provides an introduction to the nervous system.

(1 credit) Pre-requisite: Anatomy/Physiology 4, and Anatomy 7

Wednesdays 3:20pm – 5:00pm

June 22 to September 14

Client Assessment Lab 1 (IAM) – In-person

This assessment course will introduce the student to clinical assessment techniques including techniques such as taking case histories, interviewing clients and the interview process. Other topics discussed are assessing client pain, assessment responses and end-feels during physical examination. The student will also learn how to assess gait and posture. Basic kinesiology is also included. The student will also be assessing the lower extremity using ROM, orthopedic and neurologic tests.

(1 credit) Pre-requisite: Client Assessment 1

Tuesdays 10:30am – 12:30pm

June 21 to September 13

Client Assessment 2 (IAM) – In-person

This course is the beginning of regional assessment of the body, starting with the lower limbs.

(2 credits) Pre-requisites: Client Assessment 1, and Anatomy/Physiology 4

Tuesdays and Wednesdays 8:30am – 10:30am

June 21 to September 14

Client Assessment Lab 2 (IAM) – In-person

This assessment course will introduce the student to clinical assessment techniques such as taking case histories, interviewing clients and the interview process. The student will be assessing the upper extremity back using ROM, orthopedic and neurological tests.

(1 credit) Pre-requisite: Client Assessment 6

Tuesdays 8:30am – 12:30pm

August 17 to September 13

Client Assessment 6 (IAM) – In-person

This is a continuation of client assessments focusing on the joints of the upper extremity.

(1 credit) Pre-requisite: Client Assessment 4-5

Tuesdays 8:30am – 12:30pm

June 21 to August 10

Clinical Safety (Formerly, Clean Needles/Depths and Angles) (TCM) - Hybrid

By following the highest standards of acupuncture hygiene, this course will introduce techniques for safe, clean and effective needling.

(1 credit) Pre-requisites: Meridian Theory 1, Point Location 1-2 and Theory Foundations 1

Diagnosis & Treatments 1 (TCM) - Hybrid

Students learn to assess and diagnosis patients via the TCM patterns of Yin-Yang, 5 elements and Organs using the 4 methods of diagnosis: palpation, observation, listening and hearing and inquiry. After completing this course, students will be able to begin to differentiate TCM patterns based on symptoms and assessment results.

(1 credit) No pre-requisite

Diagnosis & Treatments 2 (TCM) – Hybrid

Students learn different methods of diagnosis based on principles of 6 stages, 4 levels, and 3 Jiaos as well as analyzing different TCM patterns for various western ailments.

(1 credit) Pre-requisite: Diagnosis and Treatments 1

Ethics & the Healthcare Practitioner (IAM/TCM) - Online

This course is designed to introduce students to the professional role and the ethical commitment practitioners must have in the roles as both regulated healthcare and general healthcare practitioners. The focus is on developing the student's ability to understand the role of a professional and the necessary commitment, by recognizing ethical issues encountered in their role, distinguishing between legal and ethical responsibilities, meeting the professional and ethical requirements of client care and personal conduct, and to develop a step by step skill in helping to make ethical decisions.

(.5 credit) No pre-requisite

Mondays 3:20pm – 5:15pm

June 20 to August 8

Food Cures (TCM) - Online

This course provides an understanding of nutritional concepts. The ability to communicate effectively with your clients or other healthcare practitioners about basic nutritional elements and considerations, as well as the macro and micro nutrients.

(1 credit) Pre-requisites: Meridian Theory 1, Theory Foundations 1, Point Locations 1-2.

Wednesdays 7:00pm – 9:00pm

June 22 to September 14

Gynecology 1 (TCM) - Hybrid

Learn the TCM treatments used for TCM patterns of various childhood disorders.

(1 credit) Pre-requisites: Diagnosis and Treatments 1, Meridian Theory 1, Point Locations 1- 2 and Theory Foundations 1

Internal Medicine 1 (TCM) - Hybrid

Students learn to differentiate TCM patterns for disorders of the 4 Yin organs. Acupuncture point combinations for each pattern diagnosis are presented and discussed.

(1 credit) Pre-requisites: Diagnosis & Treatments 1, Meridian Theory 1, Point Locations 1-2 and Theory Foundations 1

Internal Medicine 3 (TCM) - Hybrid

Students learn to differentiate TCM patterns for sexually transmitted diseases and proctology disorders as well as external skin disorders such as alopecia, herpes, lyme disease and scleroderma. Appropriate acupuncture point combinations for each pattern diagnosis are presented and discussed.

(1 credit) Pre-requisites: Diagnosis & Treatments 1, Meridian Theory 1, Point Locations 1-2 and Theory Foundations 1

Iridology 2 (NHP) - Online

Advanced analytical techniques, studying the location of various organ reflexes in the iris.

(1 credit) Pre-requisite: Iridology 1

Wednesdays 6:30pm – 9:30pm June 1 to June 29

Wednesdays 6:30pm – 8:30pm July 6

Wednesdays 6:30pm – 7:30pm July 13 (final exam)

Meridian Theory 2 (TCM) - Online

This course reviews the 12 regular meridians and the 8 extraordinary meridians, provides detailed descriptions of the 12 divergent channels, the 15 collaterals, the 12 muscular regions and the 12 cutaneous regions.

(1 Credit) Pre-requisite: Meridian Theory 1

Thursdays 5:30pm – 7:30pm

June 23 to September 15

Modern Physical Diseases (TCM) - Hybrid

To understand the symptoms and causes of physical disorders and what TCM may or may not be able to do.

(1 credit) Pre-requisites: Diagnosis & Treatments 1, Meridian Theory 1, Point Locations 1-2 and Theory Foundations 1

Myology 1 (TCM) - Hybrid

A study of the muscles of the upper half of the body and some of their respective acupuncture points.

(1 Credit) Pre-requisite: none

Neuroscience 1 (IAM/TCMP) - Online

An in-depth examination of the nervous system. The physiology of the central nervous system and peripheral nervous systems are broken down in a detailed analysis of structure and function. The special senses are also included during this course of study.

(1 credit) Pre-requisite: Anatomy/Physiology 1-4

Mondays 3:20pm – 5:15pm

June 20 to September 12

Nutrition (IAM /TCMP) – In-person

This course provides an understanding of nutritional concepts. The ability to communicate effectively with your clients or other healthcare practitioners about basic nutritional elements and considerations, as well as the Macro- and Micro-nutrients

(0.5 credit) No pre-requisite

Tuesdays 3:15pm – 5:15pm

June 21 to August 9

Off Site 1/Onsite Clinical 1 - Corporate Community (IAM) – In-person

This first clinical rotation is centered on corporate personnel to practice foundational massage therapy and build a student's hand skills. Students also learn how to perform a 15-minute chair massage and how to communicate with the general public. Massage therapy treatment is given to clients located onsite, with possible scheduled off-site sessions.

(2 credits) Pre-requisites: Massage Techniques 1-4 and Client Assessment 1

Thursdays 1:15pm – 4:30pm

June 23 to September 15

Off Site 2/Onsite Clinical 2 - Geriatrics and Senior Care (IAM) – In-person

Students learn massage therapy treatments and techniques most beneficial for senior citizens. This subject may include off-site sessions in retirement facilities.

(2 credits) Pre-requisites: Anatomy/Physiology 1-4 & Massage Techniques 1-4

Wednesdays 1:15pm – 5:15pm

June 22 to September 14

On-Site Clinical Case Study 1 (IAM) – In-person

Each massage therapy student assesses a client, develops a treatment plan and then applies the treatment plan to the same client weekly throughout the semester. Students learn how to prepare a detailed progress report.

(2 credits) Pre-requisite: Program Director Approval

Thursdays 1:15pm – 4:30pm

June 23 to September 15

On-Site Clinical Case Study 2 (IAM) – In-person

Each senior massage therapy student assesses a client, develops a treatment plan and then applies the treatment plan to the same client weekly throughout the semester. Students then prepare a detailed progress report.

(2 credits) Pre-requisite: On-site Clinical Case Study 1 and Program Director Approval

Tuesdays 1:15pm – 4:30pm

June 21 to September 13

Patient Case Studies and Public Clinic (TCM) – In-person

Students evolve their diagnosis/treatments skills via instructor-directed case studies.

(1 credit) Pre-requisites: Diagnosis and Treatments 1, Meridian Theory 1, Point Locations 1-2, Theory Foundations 1

Mondays 4:30pm - 9:30pm

June 20 to September 12

Pathology 2 (IAM/TCM) - Online

Pathology 2 is an in-depth study of diseases of the skin.

(1 credit) Pre-requisites: Anatomy/Physiology 4 and Pathology 1

Mondays 8:30am – 10:25am, and **Wednesdays** 10:35am – 12:30pm

June 20 to July 27

Pathology 3 (IAM/TCM) - Online

Pathology 3 is an in-depth study of diseases of the joints and bones. Subjects are undertaken in sequence during the semester.

(1 credit) Pre-requisites: Anatomy/Physiology 4 and Pathology 1

Mondays 8:30am – 10:25am, and **Wednesdays** 10:35am – 12:30pm

August 8 to September 14

Pathology 7 (IAM/TCM) - Online

Pathology 7 is an in depth study of diseases of the respiratory system and cardiovascular system.

(1 credit) Pre-requisites: Anatomy/Physiology 4 and Pathology 1

Wednesday 8:30am – 10:25am and 1:15pm – 3:10pm

June 22 to July 27

Pathology 8 (IAM/TCM) - Online

Pathology 8 is an in depth study of diseases of the cardiovascular system.

(1 credit) Pre-requisites: Anatomy/Physiology 4 and Pathology 1

Wednesday 8:30am – 10:25am and 1:15pm – 3:10pm

August 10 to September 14

Pathophysiology 2 (TCM) - Hybrid

This course provides a brief overview of the etiology and pathogenesis of the conditions covering external medicine; gynecology; pediatrics; orthopedics and traumatology; ophthalmology and otorhinolaryngology from Appendix L of the Candidate's Guide for the Pan Canadian Examinations.

(1 credit) Prerequisites: Diagnosis & Treatments 1, Meridian Theory 1, Point Locations 1-2, Theory Foundations 1. Recommended: Modern Mental and Modern Physical Diseases. Students must request approval from the

Program Director before enrolling in this course.

Pediatrics (TCM) - Online

Learn the TCM treatments used for TCM patterns of various childhood disorders.

(1 credit) Pre-requisites: Diagnosis and Treatments 1, Meridian Theory 1, Point Locations 1- 2 and Theory Foundations 1

Wednesday 5:00pm – 7:00pm

June 22 to September 14

Pharmacology (IAM/TCM) - Online

This course gives the student an understanding of the concepts and principles of pharmacology. The student will learn the different classification of medications, uses and effects. The student will also learn to research drug profiles and know how to read prescription labels. This course is designed to educate the student about drug therapy used as a treatment for a client's condition and how that drug therapy may help or hinder treatment.

(1 credit) Pre-requisites: Anatomy/Physiology 4, and Physiology 7 (recommended)

Thursdays 3:00pm – 5:15pm

June 23 to September 15

Physiology 5 (IAM/TCM) - Online

Physiology 5 is the study of the human body on a chemical and cellular level. Also included are tissue types in the human body. It revisits the material covered during Anatomy/Physiology 1 and 2 and expands on that material in greater depth in order to further the students' knowledge of the physiology of the human body.

(1 credit) Pre-requisite: Anatomy/Physiology 4

Mondays 10:35am – 12:30pm

June 20 to September 12

Physiology 8 (IAM/TCM) - Online

This course takes an in-depth look at the respiratory system of the human body. This course also further investigates the renal system, hormones, reproduction and the skin.

(1 credit) Pre-requisite: Anatomy/Physiology 4, and Physiology 7

Wednesdays 10:35am – 12:30pm

June 22 to September 14

Principles of Treatments & Advanced Techniques 1-4 (IAM) – In-person

This course of study presents the theory of the 'principles of treatment' for massage therapy. During this course the proper advanced techniques will be taught for treating acute and sub-acute injuries during these stages of healing. Students will learn to treat the following conditions in acute and sub-acute stage of injury: Fracture, sprain, strain, tendonitis, tenosynovitis, bursitis, synovitis, and contusion.

(4 credits) Pre-requisites: Massage Techniques 4, and Anatomy/Physiology 4

Wednesdays 1:15pm – 5:15pm and **Thursdays** 8:30am -12:30pm

June 22 to September 15

Professionalism and the Healthcare Practitioner (IAM/TCM) - Online

As healthcare practitioners, the development of the skills and specific knowledge applicable to your principle health discipline remains a high priority. However, good character, personal and professional behaviors and practices, and work ethic have become vitally important to the overall health industry.

Healthcare is also a service business, yet for many this is a foreign concept. Patient and client satisfaction is necessary to the continuance in business as a professional.

(.5 credit) No pre-requisite

Mondays 3:20pm – 5:15pm

August 15 to September 12

Remedial Exercise 2 (IAM) – In-person

This course teaches the student principles of aerobic and resistance exercises. Once the principles are learned the student will be able to use the exercises for the development of an exercise program for the treatment of their massage client.

(1 credit) Pre-requisite: Remedial Exercise 1

Tuesdays 1:15pm – 3:15pm

June 21 to September 13

Specialized Care (IAM) - Online

This course covers the proper skills and techniques required by a massage therapist to recognize and stay current on developments in areas requiring specialty care. Topics include concussion, PTSD, palliative and end of life care.

(1 credit) Pre-requisite: Treatments 1 (or concurrently)

Mondays 1:15pm – 3:10pm

June 20 to August 29

Sports Massage (IAM) - Online

Learn specific treatments for stages of injury for various physical activities.

(1 credit) Pre-requisites: Principles of Treatments and Advanced Techniques 8

Thursdays 1:15pm – 2:55pm

June 23 to September 15

Theory Foundations 2 (TCM) - Online

Students learn deeper meaning of theory in Traditional Chinese Medicine for purpose of better comprehension and application in diagnosing and treating patients.

(1 credit) Pre-requisites: Theory Foundations 1

Thursdays 7:30pm -9:30pm

June 23 to September 15

Treatments 1 (IAM) - In-person

This course covers the proper skills and techniques required by a massage therapist to treat certain conditions, pathologies, illnesses and diseases. The student will study the causes, signs and symptoms, contraindications, testing, aims of treatment and treatment of a clients' condition using massage therapy. The student will also review proper assessment tests and remedial exercises needed to treat their client.

(5 credits) Pre-requisites: Principles of Treatments and Advanced Techniques 8

Mondays, Tuesdays and Thursdays 8:30am – 12:30pm

June 20 to September 15

Treatments 3 (IAM) – In-person

This course covers the proper skills and techniques required by a massage therapist to treat certain conditions, pathologies, illness and diseases. It is a continuation of Treatments 1 and 2. The student will study the causes, signs and symptoms, contraindication, testing, aims of treatment and treatments of a clients’ condition using massage therapy. The student will also review proper assessment tests and remedial exercises needed to treat their client. The content of Treatments 3 deals with conditions of the nervous system which include systematic conditions affecting the brain and spinal cord and nerve lesions.

(5 credits) Pre-requisite: Treatments 2

Mondays, Tuesdays and Thursdays 8:30am – 12:30pm

June 20 to September 15

TuiNa 3 (TCM) – In-person

This course primarily focusses on microsystems, essentially how to treat the body without needles along the feet and the hands. Additional approaches using acupressure along the lines of the face and scalp may be included.

(1 credit) Pre-requisites: none, however Meridian Theory, and Theory of Foundations 1 are recommended

Sundays 9:00am-1:00pm | June 19 – July 10

Sundays 9:00am-2:00pm | July 17 – July 24

Tuition Fees

<u>Credits</u>	<u>Fee*</u>
6	\$1,776.00
4	\$1,184.00
2	\$ 592.00
1	\$ 296.00
½	\$ 150.00

Refund Policy

Please visit www.intlacademy.com for detailed refund policies for each school

** includes electronic class notes and handouts. Printed notes are \$10 per course.*

Part-time/CEU students: Register and Pay Your Tuition Fee by June 13, 2022 and save - only \$287 per credit/\$145 ½ credit. After that date \$296 per credit/\$150 for ½ credit. \$10 late registration fee* per subject starting June 20th, 2022.

Register on-line through the website - click on “Admissions” tab then “Registration Form”, or email deegriffiths@intlacademy.com.

***Late registration fees may be applied if registration/payment is not completed prior to June 20 – please contact office for additional information.**

Self-Study - Distance - CEU Courses

Meridian Educational Network offers comprehensive, self-study educational programming, on a CEU basis. Start towards an International Academy of Applied Health certificate or diploma, from the comfort of your home! www.intlacademy.com directly on-line or workbook/email assignment option.

For more information: Call: 613-820-4046.

Personal Support Worker



The Personal Support Worker 720-hour Certificate program prepares you for immediate work in healthcare. This 32-week program (including 2 break weeks) provides you with the knowledge and practical skills to work as a care provider in a range of healthcare settings. New 4 day week class schedule, creates 3 day family weekends.

The next Program Starts Fall 2022. Request information by email info@intlacademy.com or call at 613-820-9934



International Academy of Natural Health Practitioners

CEU's - Aromatherapy, Herbs,
Iridology, Reflexology, and Acupuncture

Diploma (Part-Time) (1160 hours):
Natural Health Practitioner

Certificates (Part-Time) (130-350 hours)
Aromatherapy
Herbalist
Iridology
Reflexology

General Information

- * Transfer credits where applicable
- * Daytime, Evening and Weekend classes
- * Home study credits
- * Tours of the Academy available
- * NHP Certificates start in September 2022
- For more information. Email
*anadaza@intlacademy.com or
info@intlacademy.com

Telephone: 613-820-9934



International Academy of Traditional Chinese Medicine



General Information

- * Transfer credits where applicable
- * Daytime, Evening & Weekend classes
(Online and in-class training)
- * Home study credits
- * Summer 2022 Semester starts June 19
- * Full-time 2100-hour Acupuncture
Practitioner Diploma Program start September
2022 Completion possible in 21 months.
- * Part-time study also available
Acupuncture and Traditional Chinese Medicine
and Natural Health Science students
- * Graduates qualify to undertake provincial
Registration examinations
- * Contemporary Acupuncture program 354 hrs
(Acupuncture training for RMTs and other
professionals also available)

Telephone: 613-820-4046
Web: www.intlacademy.com



**International Academy
of Massage**



Become a Massage Therapist

2341 - Hours Massage Therapy Diploma Program

Full-Time Program Starts September 26, 2022

*For More Information:
Tour or be a student for a day*

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Email: info@intlacademy.com

Visit: www.intlacademy.com



International Academy of Applied Health

Welcome to our



Health & Relaxation Clinics

Appointments 613-820-4046

International Academy of Massage

Student Wellness Clinic – Therapeutic Massage

Tuesdays & Thursdays 5:00pm, 6:30pm & 8:00pm \$35

Traditional Chinese Medicine

Students Clinic - Acupuncture, Chinese Assessment

Mondays 5:00pm to 8:00pm \$20

Saturdays * 10:30am to 4:45pm \$20

*Patient Case Studies are \$90 for 10 treatments