



# International Academy of Applied Health

Winter 2023 Course Planner

## “Natural Health Education which can change your life”

Career Development or Personal Interest CEU Courses  
Full-Time or Part-Time Study

**Winter Semester Starts January 3<sup>rd</sup> 2023**

**Register by December 9<sup>th</sup> 2022 and Save**



161 Greenbank Rd. Suite 201, Ottawa, ON K2H 5V6

613-820-4046 | 1-800-267-8732

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Register on-line at [www.intlacademy.com](http://www.intlacademy.com) - click on tab “Course Registration”,  
email [degriffiths@intlacademy.com](mailto:degriffiths@intlacademy.com), in-person or call 613 - 820 - 4046



# International Academy of Applied Health



**Picture Yourself as a Qualified Health Professional**

**Spring 2023 registrations are now open!**

“Applicants to full-time programs may be eligible for financing for those who qualify”

**Online information session available.**

Email your program of interest to [anadaza@intlacademy.com](mailto:anadaza@intlacademy.com) or go online at [www.intlacademy.com](http://www.intlacademy.com)

**Programs:**

- **Massage Therapy**
- **Acupuncture Practitioner**
- **Personal Support Worker (PSW)**
- **Traditional Chinese Medicine Practitioner (TCMP)**
- **Contemporary Acupuncture for the Healthcare Professional**
- **Reflexology, Aromatherapy, Iridology, Herbology, NHP with nutrition CEU's**

**Winter Semester Starts January 3<sup>rd</sup> 2023**

**IAM** - International Academy of Massage  
**TCM** - International Academy of Traditional Chinese Medicine  
**NHP** - International Academy of Natural Health Practitioners  
**CEU** - Continuing Education Unit -open to anyone (Public)

**Note: No classes on Family Day Monday, February 20, 2023.**

### **Advanced Theory & O.S.C.E. Preparation (IAM) - In-person**

Students undertake a thorough presentation and participation towards being prepared for the CMTO (OSCE) hands-on examination for future registration to become an RMT. In addition to the class sessions there is mock oral practical (schedule is TBA).

(2 credits) Pre-requisite: Complete Massage Therapy Semesters 1-5

**Mondays** 1:15pm - 5:15pm | January 9 – March 13

### **Anatomy 5 (IAM/TCM) - In-person**

Anatomy 5 or Osteology is the study of the science of the structure and function of bone. This course takes an in-depth look into the human skeleton concentrating on the bones and bony landmarks of the body.

(1 credit) Pre-requisite: Anatomy/Physiology 4

**Wednesdays** 3:15pm - 5:15pm | January 4 - March 15

### **Anatomy 8 (IAM/TCM) – In-person**

This course discusses the digestive system and accessory organs of digestion in the human body. The urinary and reproductive systems will also be discussed. The end of the course provides an introduction to the nervous system.

(1 credit) No pre-requisite.

**Wednesdays** 3:15pm - 5:15pm | January 4 – March 8

### **Client Assessment 2 (IAM) - In-person**

This course is the beginning of regional assessment of the body, starting with the lower limb.

(2 credits) Pre-requisites: Client Assessment 1, Anatomy/Physiology 4

**Mondays** 10:30am - 12:30pm, **and Tuesdays** 8:30am - 10:30am | January 3 - March 14

### **Client Assessment 4 (IAM) - In-person**

This course focuses on palpation of the human body. Palpation's include all bony landmarks, muscles, tendons, ligaments, joints, pulse points, specific arteries and veins, specific lymph nodes, para-nasal sinuses and sensory nerve pathways.

(1 credit) Pre-requisite: Client Assessment 3.

**Tuesdays** 1:15pm - 5:15pm | January 3 - February 7

### **Client Assessment Lab 1 (IAM) - In-person**

This assessment course will introduce the student to clinical assessment techniques such as taking case histories, and interviewing clients. Other topics discussed are assessing client pain, assessment responses and end-feels during physical examination. The student will also learn how to assess gait and posture. Basic kinesiology is also included. The student will also be assessing the lower extremity using ROM, orthopedic and neurological tests.

(1 credit) Pre-requisite: Client Assessment 1

**Tuesdays** 10:30am - 12:30pm | January 3 - March 14

**Client Assessment 4 Lab 2 (IAM) – In-person**

This assessment course will introduce the student to clinical assessment techniques such as taking case histories, interviewing clients and the interview process. The student will be assessing the upper extremity and back using ROM, orthopedic and neurological tests.

(1 credit) Pre-requisite: Client Assessment 4.

**Tuesdays** 1:15pm - 5:15pm | February 14-March 14

**Clinical Safety (TCM) - Online**

By following the highest standards of acupuncture hygiene, this course will introduce techniques for safe, clean and effective needling.

(1 credit) Pre-requisites: Point Location 1 & 2 (or concurrently enrolled)

**Mondays** 7:05pm - 9:00pm | January 9 - March 13

**Diagnosis & Treatments 1 (TCM) - Online**

Students learn to assess and diagnosis patients via the TCM patterns of Yin-Yang, 5 elements and Organs using the 4 methods of diagnosis: palpation, observation, listening and hearing and inquiry. After completing this course, students will be able to begin to differentiate TCM patterns based on symptoms and assessment results.

(1 credit) No pre-requisite

**Mondays** 5:00pm - 6:55pm | January 9 - March 13

**Ethics & the Healthcare Practitioner (IAM/TCM) – In-person**

The focus is on developing the student's ability to understand the role of a professional and the necessary commitment, by recognizing ethical issues encountered in their role, distinguishing between legal and ethical responsibilities, meeting the professional and ethical requirements of client care and personal conduct, and to develop a step by step skill in helping to make ethical decisions.

(0.5 credit) No pre-requisite

**Thursdays** 8:30am - 10:30am | January 5 -February 9

**Gynecology 1 (TCM) - Online**

Learn the acupuncture points for PMS, menopause, menstrual problems, infertility, postpartum and more.

(1 credit) Pre-requisites: Meridian Theory 1, Diagnosis & Treatments 1, Point Locations 1-2 and Theory Foundations 1

**Thursdays** 7:00pm - 9:00pm | January 5 - March 16

**Herbal Pharmacology -In-person & Online**

This course will introduce students to the major classes of phytochemical constituents found in medicinal plants and how they interact with human physiology. Safety, toxicology and herb-drug interactions will be discussed.

(1 credit) Pre-requisite: Have at least one of the following course: Herbal Therapeutics 1, 2, Materia 1,2, or Western Herbal Energetics.

**Online: Thursdays** 6:00pm - 8:00pm | January 12, 19, 26, February 2, 16, 23, March 2 and 9

**In-person: Thursdays** 6:00pm - 8:00pm | January 5, February 9 and March 16



**Internal Medicine 1 (TCM) - Online**

Students learn to differentiate TCM patterns for disorders of the 4 Yin organs. Acupuncture point combinations for each pattern diagnosis are presented and discussed.

(1 credit) Pre-requisites:Diagnosis & Treatments 1, Meridian Theory 1, Point Locations 1-2 and Theory Foundations 1

**Mondays** 5:00pm -6:55pm | January 9 - March 13

**Internal Medicine 3 (TCM) - Online**

Students learn to differentiate TCM patterns for sexually transmitted diseases and proctology disorders as well as external skin disorders such as alopecia, herpes, lyme disease and scleroderma. Appropriate acupuncture point combinations for each pattern diagnosis are presented and discussed.

(1 credit) Pre-requisites:Diagnosis & Treatments 1, Meridian Theory 1, Point Locations 1-2 and Theory Foundations 1

**Mondays** 7:05pm - 9:00pm | January 9 - March 13

**Iridology 1 (NHP/CEU) – Online**

Learn the foundational principles of Iridology and its use as an assessment aid for natural health practitioners.

(1 credit) No Pre-requisite, (Textbook required).

**Tuesdays** 6:30pm - 8:30pm | January 10 - March 7

**Iridology 4 (NHP/CEU)**

Students continue to explore Iridology with a look at the differences between the old and new teachings, Sclerology and the grading of a client’s resiliency using shaded graphs. Continued evolution through Iridology: A Focused Study. Students will learn iridology constitutional types; how to recognize them, what they reveal and general health strategies for each type.

(1 credit) Pre-requisite: Iridology 3

**Wednesdays** 6:30pm - 8:30pm | January 11 - March 8

**Modern Physical Diseases (TCM) - Online**

To understand the symptoms and causes of physical disorders and what TCM may or may not be able to do.

(1 credit) Pre-requisites:Diagnosis & Treatments 1, Meridian Theory 1, Point Locations 1-2 and Theory Foundations 1

**Mondays** 7:05pm - 9:00pm | January 9 - March 13

**Myology 1 (IAM/NHP/CEU) - In-person**

This course is an in-depth study of the muscles of the lower extremity, hip, leg, foot, gluteal region and anterior thorax. It discusses the origin, insertion, action and nerve supply of the muscles that move the lower limb.

(1 credit) Pre-requisite: Anatomy/Physiology 4

**Tuesdays** 1:15pm - 3:15pm | January 3- February 7

**Tuesdays** 1:15pm - 5:15pm | February 14- March 14

**Myology 1 (TCM) - Online**

A study of the relationship between the muscles and acupuncture points of the body.

(1 Credit) Pre-requisite: Meridian Theory 1

**Tuesdays** 4:00pm - 5:55pm | January 3 - March 14

**Myology 3 (IAM) – In-person**

This course is an in-depth study of the muscles of the head, face and neck. Origin, insertion, action and nerve supply of the muscles that move the head and face and neck are discussed.

(1 credit) Pre-requisite: Myology 2

**Mondays** 3:15pm - 5:15pm | January 9 - March 13

**Neuroscience 1 (IAM) – In-person**

Neuroscience 1 is an in-depth examination of the nervous system. The physiology of the central nervous system and peripheral nervous systems are broken down in a detailed analysis of structure and function. The special senses are also included during this course of study.

(1 credit) Pre-requisite: Anatomy/Physiology 1-4

**Wednesdays** 1:15pm - 3:15pm | January 4 - March 15

**Nutrition 1 (IAM) – In-person**

This course provides an understanding of nutritional concepts. The ability to communicate effectively with your clients or other healthcare practitioners about basic nutritional elements and considerations, as well as the macro and micro nutrients.

(0.5 credit) No pre-requisite

**Tuesdays** 3:15pm - 5:15pm | January 3 - February 7

**Nutrition 2 (NHP/CEU) - Online**

This dynamic course guides you towards taking a positive approach to daily food requirements. Evolve your understanding of pH balance, food and non-fanatical healthy living.

(1 credit) No Pre-requisite.

**Thursdays** 6:30pm – 8:30pm | January 5 - March 16

**Off Site 1/Onsite Clinical 1 - Corporate Community (IAM) – In-person**

This first clinical rotation is centered on corporate personnel to practice foundational massage therapy and build a student's hand skills. Students also learn how to perform a 15-minute chair massage and how to communicate with the general public. Massage therapy treatment is given to clients located onsite, with possible scheduled off-site sessions.

(2 credits) Pre-requisites: Massage Techniques 1-4 and Client Assessment 1

**Thursdays** 1:15pm - 5:15pm | January 5-March 16

**Off Site 2/Onsite Clinical 2 - Geriatrics and Senior Care (IAM) – In-person**

Students learn massage therapy treatments and techniques most beneficial for senior citizens. This subject may include off-site sessions in retirement facilities.

(2 credits) Pre-requisites: Anatomy/Physiology 1-4 & Massage Techniques 1-4

**Wednesdays** 1:15pm - 4:30pm | January 4 - March 15

**On-Site Clinical Case Study 1 (IAM) – In-person**

Each massage therapy student assesses a client, develops a treatment plan and then applies the treatment plan to the same client weekly throughout the semester. Students learn how to prepare a detailed progress report.

(2 credits) Pre-requisite: Program Director Approval

**Thursdays** 1:15pm - 5:15pm | January 5-March 16

**On-Site Clinical Case Study 2 (IAM) – In-person**

Each senior massage therapy student assesses a client, develops a treatment plan and then applies the treatment plan to the same client weekly throughout the semester. Students then prepare a detailed progress report.

(2 credits) Pre-requisite: On-site Clinical Case Study 1

**Tuesdays** 1:15pm - 5:15pm | January 3 - March 7

**Pathology 2 (IAM/TCM) –In-person**

Pathology 2 is an in-depth study of diseases of the skin.

(1 credit) Pre-requisites: Anatomy/Physiology 4 & Pathology 1

**Mondays** 8:30am - 10:30am and **Wednesdays** 10:30am - 12:30pm | January 4 - February 6

**Pathology 3 (IAM/TCM) –In-person**

Pathology 3 is an in-depth study of diseases of the joints and bones.

(1 credit) Pre-requisites: Anatomy/Physiology 4, Pathology 1.

**Mondays** 8:30am - 10:30am and **Wednesdays** 10:30am - 12:30pm | February 8 - March 15

**Pathology 7 (IAM/TCM) - In-person**

Pathology 7 is an in depth study of diseases of the respiratory system and cardiovascular system.

(1 credit) Pre-requisites: Anatomy/Physiology 4 & Pathology 1

**Wednesdays** 8:30am - 10:30am, and 1:15pm - 3:15pm | January 4 - February 1

**Pathology 8 (IAM) - In-person**

Pathology 8 is an in depth study of diseases of the cardiovascular system.

(1 credit) Pre-requisites: Anatomy/Physiology 4 & Pathology 1

**Wednesdays** 8:30am - 10:30am, and 1:15pm - 3:15pm | February 8 - March 8

**Pathophysiology 2 (TCM) - Online**

This course provides a brief overview of the etiology and pathogenesis of the conditions covering external medicine; gynecology; pediatrics; orthopedics and traumatology; ophthalmology and otorhinolaryngology from Appendix L of the Candidate's Guide for the Pan Canadian Examinations.

(1 credit) Pre-requisites: Diagnosis & Treatments 1, Meridian Theory 1, Point Locations 1-2, Theory Foundations 1 and Pathophysiology 1. Recommended: Modern Mental and Modern Physical Diseases.

Students must request approval from the Program Director before enrolling in this course.

**Mondays** 5:00pm - 6:55pm | January 9 - March 13

**Pharmacology (IAM/TCM) – In-person**

This course gives the student an understanding of the concepts and principles of pharmacology. The student will learn the different classification of medications, uses and effects. The student will also learn to research drug profiles and know how to read prescription labels. This course is designed to educate the student about drug therapy used as a treatment for a client's condition and how that drug therapy may help or hinder treatment.

(1 credit) Pre-requisites: Anatomy/Physiology 4 & Physiology 7 recommended.

**Thursdays** 3:00pm - 5:15pm | January 5 -March 16

**Physiology 5 (IAM/TCM) – In-person**

Physiology 5 is the study of the human body on a chemical and cellular level. Also included are tissue types in the human body. It revisits the material covered during Anatomy/Physiology 1 and 2 and expands in greater depth in order to further the students' knowledge of the physiology of the human body.

(1 credit) Pre-requisite: Anatomy/Physiology 4

**Wednesdays** 8:30am - 10:30am | January 4 - March 15

**Physiology 8 (IAM/TCM) – In-person**

This course takes an in-depth look at the respiratory system of the human body. This course also further investigates the renal system, hormones, reproduction and the skin.

(1 credit) Pre-requisite: Physiology 7

**Thursdays** 1:00pm - 3:00pm | January 5 -March 16

**Point Functions 1 (TCM) - Online**

Students further evolve their knowledge of acupuncture point functions and combinations.

(1 credit) Pre-requisite: Point Location 2

**Tuesdays** 6:05pm - 7:55pm | January 3 - March 14

**Point Functions 2 (TCM) - Online**

The Point Functions courses examine different functions and uses in TCM point prescriptions to successfully improve patients' health. This second module explores point location, function and combination of the following meridians: Kidney, San Jiao, Pericardium, Gallbladder, Liver, Du & Ren

(1 Credit) Pre-requisites: Meridian Theory 1, Theory Foundations 1, Point Locations 1, Point Locations 2

**Tuesdays** 8:05pm - 10:00pm | January 3 - March 14

**Principles of Treatments & Advanced Techniques 1-4 (IAM) – In-person**

This course of study presents the theory of the principles of treatment for massage therapy. During this course the proper advanced techniques will be taught for treating acute and sub-acute injuries during these stages of healing. Students will learn to treat the following conditions in acute and sub-acute stage of injury: fracture, sprain, strain, tendonitis, tenosynovitis, bursitis, synovitis and contusion.

(4 credits) Pre-requisites: Massage Techniques 1 – 4 & Anatomy/Physiology 4

**Mondays** 1:15pm - 5:15pm and **Thursdays** 8:30am - 12:30pm | January 5 -March 16

**Professionalism and the Healthcare Practitioner (IAM/TCM) – In-person**

As healthcare practitioners, the development of the skills and specific knowledge applicable to your principle health discipline remains a high priority. However, good character, personal and professional behaviors and practices, and work ethic have become vitally important to the overall health industry.

Healthcare is also a service business, yet for many this is a foreign concept. Patient and client satisfaction is necessary to the continuance in business as a professional.

(0.5 credit) No pre-requisite

**Thursdays** 8:30am - 10:30am | February 16-March 16



### **Reflexology 1 (NHP) - Online & In-person**

Reflexology 1 looks at the zones of the foot and specific reflexes for the major organs and glands will be presented. Students will be introduced to the plantar and dorsal foot charts, and learn to identify the location of reflex points on the feet.

(1 credit) Pre-requisite: IPAC Certificates Completion

**Online: Tuesdays** 6:30pm - 9:30pm | January 10 and January 17

**In-person: Saturdays** 9:30am – 4:30pm | January 21 and February 4  
1:30pm – 4:30pm | February 25 and March 4

### **Reflexology 2 (NHP/CEU) - Online & In-person**

An introduction to the history, principles and theory of Reflexology, its benefits, its cautions, possible client reactions and what it does not do. The student also learns to see the foot as a reflection of the body.

R-1 looks at the zones of the foot and specific reflexes for the major organs and glands will be presented. Students will be introduced to the plantar and dorsal foot charts, and learn to identify the location of reflex points on the feet.

(1 credit) Pre-requisite: Reflexology 1, IPAC Certificates Completion

**Online: Tuesdays** 6:30pm - 9:30pm | March 7, April 11 and 25

**In-person: Saturdays** 9:30am - 4:30pm | March 18, and April 22  
1:30pm - 4:30pm | May 6

### **Reflexology 3 (NHP/CEU) - In-person**

Further emphasis on the hand and reflex points of the face. Advanced techniques & referral points will be presented. Additionally, methods for treating lower back pain will be presented & discussed in detail. The operation of a clinic will also be discussed.

(1 credit) Pre-requisite: Reflexology 2

**In-person: Saturdays** 9:30am - 4:30pm | January 14, 28 and February 11  
9:30am – 12:30 pm | February 25 and March 4

### **Reflexology 4 (NHP/CEU) - In-person**

To identify conditions and treatments and the philosophy underlying the world of Reflexology, especially ear.

(1 credit) Pre-requisite: Reflexology 3

**Online: Tuesdays** 6:30pm - 9:30pm | March 14, and 28

**In-person: Saturdays** 9:30am - 4:30pm | March 11, April 15 and 29

### **Remedial Exercise 2 (IAM) - In-person**

This course teaches principles of aerobic and resistance exercises. Once the principles are learned the student will be able to use them to develop an exercise program for the treatment of their massage client.

(1 credit) Pre-requisite: Remedial Exercise 1

**Mondays** 1:15pm - 3:15pm | January 9 - March 13

### **Specialized Care (IAM) - In-person**

This course covers the proper skills and techniques required by a massage therapist to recognize and stay current on developments in areas requiring specialty care. Topics include concussion, PTSD, palliative and end of life care.

(0.75 credit) Pre-requisite: Treatments 1 or concurrently

**Thursdays** 10:30am - 12:30pm | January 5 - March 2

**Sports Massage (IAM) - In-person**

Learn specific treatments for stages of injury for various physical activities.

(1 credit) Pre-requisites: Principles of Treatments and Advanced Techniques 5 - 8

**Wednesdays** 10:30am - 12:30pm | January 4 - March 8

**Techniques of Acupuncture 1 (TCM) – In-person**

Students learn basic treatment methods used in Chinese Medicine such as needling techniques and treatments, scalp acupuncture, and auricular acupuncture.

(1 credit) Pre-requisite: Point Locations 1 & 2, Clinical Safety, TCM Diagnosis & Treatments 1, Meridian Theory 1 & Theory Foundation 1 (or in progress)

**Sundays** 9:00am - 1:00pm | January 8 – February 5

**Techniques of Acupuncture 2 (TCM) – In-person**

Students learn basic treatment methods used in Chinese Medicine such as cupping treatment, moxibustion (moxa), Gua Sha techniques, and electro acupuncture. This is theory and hands-on/practice lab class.

(1 credit) Pre-requisites: TCM Diagnosis & Treatments 1, Meridian Theory 1, & Theory Foundation 1 (or in progress)

**Sunday** 1:30pm - 5:30pm | February 5

**Sundays** 9:00am - 1:00pm | February 12 - March 19

**Treatments 1 (IAM) - In-person**

This course covers the proper skills and techniques required by a massage therapist to treat certain conditions, pathologies, illnesses and diseases. The student will study the causes, signs and symptoms, contraindications, testing, aims of treatment, and treatment of a clients' condition using massage therapy. The student will also review proper assessment tests and remedial exercises needed to treat their client.

(6 credits) Pre-requisite: Principles of Treatments & Advanced Techniques 5 – 8

**Mondays, Tuesdays and Wednesdays** 8:30am – 12:30pm | January 3 - March 15

**Treatments 3 (IAM) –In-person**

This course covers the proper skills and techniques required by a massage therapist to treat certain conditions, pathologies, illness and diseases. It is a continuation of Treatments 1 and 2. The student will study the causes, signs and symptoms, contraindication, testing, aims of treatment and treatments of a clients' condition using massage therapy. The student will also review proper assessment tests and remedial exercises needed to treat their client. The content of Treatments 3 deals with conditions of the nervous system which include systematic conditions affecting the brain and spinal cord and nerve lesions.

(6 credits) Pre-requisite: Treatments 2

**Mondays, Tuesdays & Thursdays** 8:30am – 12:30pm | January 3 - March 9

**TuiNa 3 (TCM) – In-person**

This is designed to expand the treatment techniques for both Acupressure & TuiNa to include treatments on the back, legs, knees, ankles, feet, face, head and neck. To associate the theory educational points learned/being learned in Meridian Theory and TCM Foundations with the following: Yin & Yang in both excess and deficiency, clinical manifestation, assessment and treatment techniques, the 12 Zangfu Organ Systems in both harmony and disharmony and the 5 Element Theory as a clinical assessment tool.

Also to supplement acupressure treatments from levels 1 & 2 with the addition of Thai stretches, such as: leg stretches, knee bending, ankle stretches.

(1 credit) Pre-requisites: Oriental Acupressure and TuiNa 2

**Sundays** 1:30pm - 5:30pm | January 8 - February 26.

No class on February 5<sup>th</sup>.

**Western Herbal Energetics (NHP/CEU)**

Deepen your understanding of plant medicine beyond "What is this plant good for?" Herbs shine when we move past treating the symptoms of disease and instead treat the person by matching them with the right plant. Using taste, herbal actions and thermal energetics provides a much more nuanced approach to herbalism. This practical, sensory-based, organoleptic class will transform the way you use herbs!

(1 credit) No pre-requisite.

**Online: Thursdays** 8:00pm - 10:00pm | January 12, 19, 29, February 2, 16, 23, March 2 and 9

**In-person: Thursdays** 8:00pm - 10:00pm | January 5, February 9 and March 16.

**Tuition Fees**

<u>Credits</u>	<u>Fee*</u>
6	\$1,776.00
4	\$1,184.00
2	\$ 592.00
1	\$ 296.00
½	\$ 150.00

**Refund Policy**

Please visit [www.intlacademy.com](http://www.intlacademy.com) for detailed refund policies for each school

*\* includes electronics class notes. Print outs be ordered for \$10/course.*

**Part-time/CEU students: Register and Pay Your Tuition Fee by December 9<sup>th</sup> 2022 and save - only \$287 per credit/\$145 ½ credit. After that date \$296 per credit/\$150 for ½ credit. \$10 late registration fee\* per subject starting December 28, 2022.**

**Register on-line through the website - click on "Admissions" tab then "Registration Form", or email [deegriffiths@intlacademy.com](mailto:deegriffiths@intlacademy.com).**

**\*Late registration fees may be applied if registration/payment is not completed prior to December 28, 2022 – please contact office for additional information.**

## Self-Study - Distance - CEU Courses

**Meridian Educational Network** offers comprehensive, self-study educational programming, on a CEU basis. Start towards an International Academy of Applied Health certificate or diploma, from the comfort of your home! [www.intlacademy.com](http://www.intlacademy.com) directly on-line or workbook/email assignment option.

*For more information: Call: 613-820-4046*

## Personal Support Worker



The Personal Support Worker 720-hour Certificate program prepares you for immediate work in healthcare. This 32-week program (including 2 vacation breaks) provides you with the knowledge and practical skills to work as a care provider in a range of healthcare settings.

New 3 day week format – Thursday to Saturday

The next Program Start March 30 2023 and Completes on November 4, 2023  
Orientation day will be Friday March 20, 2023.

Request information by email [info@intlacademy.com](mailto:info@intlacademy.com) or call at 613 - 820 - 9934



# International Academy of Natural Health Practitioners

**CEU's** -Nutrition, Aromatherapy, Herbs,  
Iridology, Reflexology, and Acupuncture

**Diploma** (Part-Time) (1000 hours):  
Natural Health Practitioner

**Certificates** (Part-Time) (240-350 hours)  
Aromatherapy  
Herbology  
Iridology  
Reflexology

## General Information

- \* Transfer credits where applicable
  - \* Daytime, Evening and Weekend classes
  - \* Home study credits
  - \* Tours of the Academy available
  - \* NHP Certificates available
- For more information. Email  
\*[anadaza@intlacademy.com](mailto:anadaza@intlacademy.com) or  
[info@intlacademy.com](mailto:info@intlacademy.com)
- Telephone: 613-820-9934



# Natural Health Practitioner







## **General Information**

- \* Transfer credits where applicable
- \* Daytime, Evening & Weekend classes  
(Online and in-class training)
  - \* Home study credits
- \* Spring 2023 Semester starts March 25, 2023
- \* Full-time 2100-hour Acupuncture Practitioner Diploma Program start March 2023 Completion possible in 21 months.
  - \* Part-time study also available  
Acupuncture and Traditional Chinese Medicine and Natural Health Science students.
- \* Graduates qualify to undertake provincial Registration examinations
- \* Contemporary Acupuncture program 354 hrs (Acupuncture training for RMTs and other professionals also available)

**Telephone: 613-820-4046**  
**Web: [www.intlacademy.com](http://www.intlacademy.com)**

International Academy of Applied Health  
(613) 820-4046 1-800-267-8732 www.intlacademy.com  
**Courses - - Winter 2023 (January 3 – March 19)**



**International Academy  
of Massage**



**Become a Massage Therapist**  
2341-Hour Massage Therapy Diploma Program

**Full-Time Program Starts March 24<sup>th</sup> 2023**

*For More Information:  
Tour or to be a students for a day*

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Email: [info@intlacademy.com](mailto:info@intlacademy.com)

Visit: [www.intlacademy.com](http://www.intlacademy.com)



## International Academy of Applied Health



*Welcome to our*

## Health & Relaxation Clinics

**Appointments 613 – 820 – 4046**

### **International Academy of Massage**

Student Wellness Clinic – Therapeutic Massage

<b>Tuesdays &amp; Thursdays</b>	5:45pm, 7:00pm & 8:15pm	\$35
<b>Fridays</b>	9:30am, 10:45am & 12:00pm	\$35

### **Traditional Chinese Medicine**

Senior Students - Acupuncture, Chinese Assessment

<b>Wednesdays*</b>	4:45 pm, 6:15pm & 7:45pm	\$20
<b>Saturdays</b>	9:45am to 4:00pm	\$20

\*Patient Case Studies is \$90 for 10 treatments